

ANNEXURE-II

ANNUAL HEALTH CHECK-UP FOR DELHI GOVT. EMPLOYEES AGED 40 YEARS AND ABOVE

Name : Mr./Mrs./Miss

Sex : M F

Age:

Marital status : Married Unmarried Widow/Widower Divorcee

Residential address :

Contact No. (R) (O) (M)

E-mail ID

Office address :

Medical Card No.

Blood group

History of known conditions (Tick appropriate box)

Raised BP Yes No If yes, on Regular treatment Yes No

DM Yes No If yes, on Regular treatment Yes No

IHD Yes No If yes, on Regular treatment Yes No

Stroke Yes No If yes, on Regular treatment Yes No

CRF Yes No If yes, on Regular Dialysis Yes No

Family history of DM HT Obesity

Life-style:

Smoker Yes No If yes, No. per day

Ex-smoker Years of smoking

Alcohol Yes No

If yes, how many pegs per day

Any alcoholic hepatitis in past Yes No

Regular exercise Yes No

For more than 20 mts., at least 03 times a week

General physical examination:

Weight Kg. Height mtrs. BMI

Pulse /mt BP / mmHg Temp. °F

Systemic examination finding :

RESP. SYSTEM

CVS

ABDOMEN

CNS

LOCOMOTOR SYSTEM

DENTAL EXAMINATION

EYE EXAMINATION

Distant vision R L

Near vision R L

Color vision

Tonometry

Fundus examination

Local finding

Diagnosis & advice

ENT EXAMINATION

Oral cavity

Nose

Throat

Larynx

Diagnosis & advice

GYNECOLOGICAL EXAMINATION

HISTORY

Periods Regular Irregular since days

 Delayed Polymenorrhea L.M.P. days ago

 Menstrual flow Normal Scanty Excessive

Discharge P/V None Mucoid Purulent Haemorrhagic

Mass protruding P/V None Present

Urinary complaints None Present

No. of pregnancies No. of deliveries

No. of abortions No. of LSCS

PELVIC EXAMINATION (if indicated)

Local examination

Per vaginum P/V

Per speculum P/S

SURGICAL EXAMINATION

BREAST EXAMINATION Right Left

 Presence of any lump

UROLOGICAL EXAMINATION (for men only)

RECTAL EXAMINATION (for men only)

INVESTIGATION REPORT'S REPORT

INVESTIGATION

HAEMOGRAM

Haemoglobin

T.L.C.

D.L.C.

Polyniorplis

Lymphocytes

Eosinophilis

Basophils

Monoocytes

Peripheral smear

URINE EXAMINATION

Colour

Albumin Absent Traces + ++ +++

Sugar Absent Traces + ++ +++

Microscopic examination

BLOOD SUGAR Fasting mg%

 Post-prandial mg%

LIPID PROFILE

Total cholesterol

HDL cholesterol

LDL cholesterol

VLDL cholesterol

Triglycerides



LIVER FUNCTION TEST

S. Bilirubin (Total)

S. Bilirubin (Direct)

S.G.O.T.

S.G.P.T.

KIDNEY FUNCTION TEST

Blood Urea

S. Creatinine

S. Uric Acid

For men

PSA

For women

PAP smear

X-RAY CHEST PA view Report

ECG Report

TMT Report

USG Abdomen Report

Mammoraphy Report (women only)

SUMMARY OF HEALTH REPORT

1	Overall health of the employee	
2	Any other remarks based on the Health Check-up	
3	Health profile grading	

Date

Place

Signature of Physician with seal